

ZEINAB HOSSEINI, PHD

Email: seh653@usask.ca

My [LinkedIn](#) 😊

About me

Post-doctoral Fellow, University of Saskatchewan

Research Interests: population health, nutritional epidemiology, physical activity and bone health, cardiometabolic outcomes, qualitative methods, and aging research

We have two budgies that are taken care by my two daughters. I love going to trips and doing yoga.

Current Research and Career Development

As a post-doc fellow I am currently working on determining the safety and efficacy of high intensity exercise for women and men 50 years and older with low bone mass. I would like to become a university faculty member in health.

Goals for SPA

Enhance my understanding of health and longevity using longitudinal design study via exploring: methodological and analytical approaches used; knowledge translation; grant writing.

