



## Sayem Borhan, PhD

Post-doctoral Fellow  
Department of Health Research Methods,  
Evidence, and Impact  
McMaster University

### *About Me*

I am a post-doctoral fellow at the Department of Health Research Methods, Evidence, and Impact, McMaster University. I mainly work with the Canadian Longitudinal Study on Aging (CLSA). I have a background in biostatistics but learning about the aging process fascinates me.

Enjoy learning French from my 3-year-old!!

### *Current Research*

Currently, I am investigating the role of genetics in the aging process through GWAS, PheWAS, Mendelian Randomization and polygenic risk score.

Research interests include big data analytics, causal inference, genetics, bone and brain health.

### *Goal for SPA 2021*

SPA 2021 will help me to learn about the research on aging from world-renowned experts and mentors. Moreover, it will strengthen my methodological and research skills in the longitudinal study. Most importantly, this exciting program will connect me with other researchers and future leaders in aging research.