



**Karolinska
Institutet**

About me

My name is Jing Wu. I'm originally from Xinjiang, the northwest of China. I had a medical degree in preventive medicine in China. Four years ago, I came to Sweden and had my master's in public health science – epidemiology in Karolinska Institute (KI), and now I'm a second-year PhD student at Aging Research Center (ARC), in KI. I also have 2-year experience as a data analyst in a private company in China.

Fun fact about myself

I have more than 30 plants at home, and I am good at baking. The picture on the banner was the Christmas cookies I made. PM if you want the recipe 😊

Current research

My PhD projects mainly focus on environmental risk factors and cognitive function and depression among older adults. We used data from the Swedish National Study on Aging and Care in Kungsholmen, which is a well-administered population-based cohort with up to 20 years of follow-up.

Career development

In the future, I would like to involve in more geriatric epidemiological projects using longitudinal and multicenter data to better understand the role of modifiable risk factors on ageing-related disorders. My goal is to provide evidence on primary preventive strategies to reduce the individual and societal costs of ageing-related disorders, and, most urgently, to improve the quality of life for older people.

Goals for the SPA

My ultimate goals are to “meet” more friends from all over the world and build up possible future networks with each other. I would also be looking forward to learning more multidisciplinary approaches for aging research.



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