

**Andrea Rochon, RN, MScN, PhD Candidate**  
**Queen's University**  
**School of Nursing**  
**Summer Program in Aging 2021**

**Background:** I have been a registered nurse for nearly 11 years and have worked in various settings including acute care, rehabilitative care and gerontology. I have also worked as a research assistant on numerous projects.

**Fun facts:** I am a fitness instructor – I teach spin and strength training classes. I am an avid runner. I am a morning person. I enjoy the simple things in life.

**Current Research Interests:** Nursing, Health Services Research, Aging, Medications/Polypharmacy, Patient Safety, Teamwork

**PhD Thesis Research Project:**  
Characteristics and Outcomes Associated with Opioid Deprescribing in Long-Term Care in Ontario: A Population-Based Cohort Study



**Career Development:** After completing the PhD in Nursing Program, I plan on completing a Postdoctoral Fellowship to support my transition from graduate student to independent research and academic. Following completion of the Fellowship, I will seek a faculty position in a School of Nursing at a Canadian University to engage in activities related to both research and teaching. I have worked as a Clinical Instructor for nearly a decade teaching and mentoring students in clinical practicums in various settings. I am passionate about teaching and look forward to helping students to bridge the theory to practice gap. In addition, I am interested in Health Services Research and I will pursue a position as a scientist at the Institute for Clinical Evaluative Sciences.

**Goals for the SPA:** To learn about longitudinal studies and how I can incorporate CLSA data into my future research work. To connect and network with other individuals interested in aging and research.

**I am thrilled to have this opportunity to meet and learn from all of you!**