

Sara Pishdadian

BSc., M.A., PhD Candidate in Clinical Psychology & Clinical Neuropsychology at York University

About Me

- Originally from Montreal and also grew up in Boston, Massachusetts
 - Foodie on hiatus due to COVID-19; love to cook and bake
 - Passionate about increasing and supporting underrepresented students in academia and research; co-founded [Psychology Undergraduate Mentorship Program \(PUMP\)](#) at York University
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Current Research

- Episodic and spatial memory processes in healthy aging, subjective cognitive decline, and individuals with memory impairments including hippocampal amnesia
- Cognition in marginally housed individuals with post-traumatic stress disorder
- Predictors of functional outcome in schizophrenia spectrum illness

Clinical Interests

- Neuropsychological assessment of cognitive decline (MCI, dementia) in geriatric populations
 - Cognitive rehabilitation & psychotherapy in individuals with cognitive impairment
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Career development and Goals for the SPA

- Learn and explore methodologies used in longitudinal aging studies
- Gain awareness of available data in CLSA and CCNA to investigate questions related to mental health, cognitive decline, and dementia
- Develop skills in framing of interdisciplinary research questions and grant writing
- Interact and learn from SPA fellow trainees and mentors

