

# Julie Legault

PhD student in psychology  
University of Montreal



## Current research

- Link between obstructive sleep apnea and cognitive decline
- Explanatory model integrating individual characteristics (age, sex, comorbidities, lifestyle)
- CLSA comprehensive cohort data

## Career development

- BSc in psychology
- Honor's thesis on memory processes in mild cognitive impairment using fMRI
- Direct passage to PhD
- Currently in 2nd year of PhD

## Goals for the SPA

- To meet all of you !
- To establish collaborations between disciplines
- To learn about statistical approaches

## About me

I'm interested in promoting science and making knowledge accessible to the public

My COVID-related new hobbies include guitar, daily walks, novels & plants

I like hiking, chocolate & sangria

I work towards being a better environmentalist, feminist & anti-racist everyday

Tell me about special dishes, desserts or restaurants in your area!