



NAZILA HASSANABADI

M.D., M.Sc. second year, McGill University  

About Me

I am a physician and currently studying Master's in Experimental Medicine at McGill University. My research interest includes bone and musculoskeletal health, epidemiology and geriatric medicine.

Goals for SPA

The SPA 2021 on Longitudinal Studies on Aging will provide me with an excellent opportunity to understand methodologies used in longitudinal studies on ageing by engaging in learning sessions, experiences, and activities built around longitudinal studies' core thematic areas. As a SPA 2021 participant, I will gain an understanding of other Institute of Aging's major initiatives and will be able to join a professional interdisciplinary network with other trainees, investigators, and researchers from across the country, and participate in essential training in grant writing, communications, and knowledge translation.

Current Research

In my graduate studies, using the large datasets of the Canadian Multicenter Osteoporosis Study (CaMos) and the Canadian Longitudinal Study of Ageing (CLSA), I am working on the epidemiology of osteoporosis and fractures in Canada to help better understand the skeletal health determinants among all Canadians.

Career Development

My goal is to become a clinician-investigator specialized in geriatrics. I have been involved in a wide range of health-related research projects, from animal drug trials to clinical epidemiology. Following my Master's, I will apply for residency and hope to obtain a position in geriatrics. I want to be that physician who provides the best clinical care to her elderly patients, care driven by evidence and supported by research. I strongly believe that the experience I will gain at SPA will help me become an independent clinician-scientist, educator and health advocate in Canada.

Fun Facts:

I am originally from Shiraz (the former capital of the Persian Empire, known as the city of poets, literature, and WINE). I love my plants (specially my carnivorous Pitcher Plant). I am passionate about making and trying different cuisines! In my free time, I like walking/hiking (specifically in a group), watching NETFLIX, knitting and wood carving!

