

# Fereshteh Mehrabi

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## My background

- Ph.D. candidate in public health (health policy) under the supervision of Dr. François Béland.
- Besides my Ph.D. research project, I have been working on another longitudinal study, cost trajectories of healthcare service utilization at the end of life, at INESSS.

## Current research

- I am looking at the moderated mediation role of frailty on the pathway from social isolation to poor health outcomes over time among community-dwelling older adults in Québec, Canada, using Latent Growth Models (LGMs).
- Data come from the FRÉLE longitudinal study.

## Career development

- I would like to pursue my education with a postdoctoral fellowship in the field of gerontology, preferably social gerontology, working on one or multiple longitudinal national datasets such as CLSA, ESLA, and so on.

## Goals for the SPA

- To connect with a wider network of scholars and to broaden my cross-disciplinary perspective on the study of aging and health, particularly longitudinal studies.

