



CLARA BOLSTER- FOUCAULT

**PHD EPIDEMIOLOGY
MCGILL UNIVERSITY**

ABOUT ME

- I'm from Montreal, Quebec
- My quarantine hobbies include baking, balcony gardening, and eating cheese
- When I'm not in quarantine, I love to travel and scuba dive (the last time I did both was in Iceland)
- I speak English and French, and just started learning Arabic

RESEARCH INTERESTS

- Social epidemiology
- Health equity
- Policy evaluation
- Health service delivery

LET'S CONNECT!

Email: clara.bolster-foucault@mail.mcgill.ca



ACADEMIC BACKGROUND

PHD EPIDEMIOLOGY

McGill University | 2019 - 2023

- Thesis: Social inequalities in aging in place and access to healthcare and social support in Quebec
- Supervisors: Dr. Amélie Quesnel-Vallée and Dr. Isabelle Vedel

MSC PUBLIC HEALTH

McGill University | 2017 - 2019

- Practicum project: Risk assessment of avian influenza in the Americas

CURRENT RESEARCH

- Systematic review of social inequalities, barriers and facilitators of in aging in place in OECD settings
- Evaluation of the association between transition to long-term care and depressive symptoms among older adults using SHARE data
- Review of quality of COVID-19 health policy impact evaluations
- Qualitative study evaluating the effect of period poverty in Montreal

PROFESSIONAL EXPERIENCE

PUBLIC HEALTH AGENCY OF CANADA

Policy Analyst | 2019-2020

Research areas: structural determinants of stigma, STBBI testing, regional public health surveillance, COVID-19 emergency response team

PAN-AMERICAN HEALTH ORGANIZATION

Practicum Student | 2018

Spatiotemporal modelling of avian influenza risk for Health Emergencies Unit

CAREER DEVELOPMENT GOALS

After I finish my PhD, I'm hoping to pursue postdoctoral training in health policy evaluation with a focus on understanding how they influence health inequalities. I'm also exploring opportunities in government or NGOs.

GOALS FOR SPA 2021

- Broaden my understanding of methodologies used in studies of aging
- Expand my professional network in the field of aging
- Develop my knowledge translation skills