





# DANIEL SCHWADE ARAUJO

MSC. STUDENT IN KINESIOLOGY, UNIVERSITY OF MANITOBA

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## ABOUT ME

I WAS BORN AND RAISED IN THE BEAUTIFUL CITY OF NATAL, RIO GRANDE DO NORTE, BRAZIL. I STARTED MY RESEARCH CAREER IN 2015 AT THE FEDERAL UNIVERSITY OF RIO GRANDE DO NORTE, WHERE MY MAIN TOPIC OF STUDY WAS THE USE OF EXERCISE TO TREAT AND PREVENT CHRONIC DISEASES, SUCH AS CARDIOVASCULAR DISEASE AND DIABETES, IN OLDER ADULTS.

IN 2018, I GRADUATED WITH A BSC. IN PHYSICAL EDUCATION. IN 2019, I MOVED TO WINNIPEG TO PURSUE A MSC. IN KINESIOLOGY AT THE UNIVERSITY OF MANITOBA. I AM CURRENTLY IN THE SECOND YEAR OF MY PROGRAM, AND I AM WORKING ON THE WARM HEARTS STUDY: A PROSPECTIVE COHORT STUDY THAT WILL RECRUIT 1000 FEMALES AGED 55 YEARS AND OLDER IN ORDER TO DEVELOP A NEW SCREENING TOOL TO PREDICT ADVERSE CARDIOVASCULAR EVENTS OVER A 5-YEAR PERIOD. ON JANUARY 2022, AFTER I GRADUATE FROM MY CURRENT PROGRAM, I WILL BEGIN MY PH.D. IN APPLIED HEALTH SCIENCES WITH THE SUPPORT OF THE CIHR VANIER GRADUATE SCHOLARSHIP.



NATAL, ALSO KNOWN AS "CITY OF THE SUN", IS LOCATED IN NORTHEASTERN BRAZIL AND IS FAMOUS FOR ITS 400KM-LONG COASTLINE FULL OF BEAUTIFUL BEACHES (SUCH AS THIS ONE!)

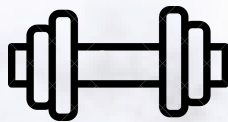
## GOALS FOR SPA 2021

- NETWORK, MEET FELLOW RESEARCHERS IN AGING AND ESTABLISH PARTNERSHIPS THAT WILL LAST EVEN BEYOND THE DURATION OF THE PROGRAM
- BROADEN MY KNOWLEDGE ON LONGITUDINAL RESEARCH
- UNDERSTAND THE MOST RELEVANT KNOWLEDGE GAPS IN AGING RESEARCH AND HOW TO DESIGN STUDIES TO ADDRESS THEM

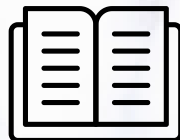
## MY HOBBIES



SOCCER



WEIGHTLIFTING



READING



University  
of Manitoba

