



About me

Hajar Abu Alrob, PhD Student

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Hajar is currently completing her Ph.D. in HRM, clinical epidemiology, at McMaster University. Her doctoral research will use longitudinal population-level data from the Institute of Clinical Effectiveness (ICES) and the Canadian Longitudinal Study on Aging (CLSA) to advance research in aging, mobility, and falls and provide scientific value on the needs of older adults. Hajar's research will evaluate the impact of COVID-19 on injurious falls and fractures and will explore lifestyle characteristics that impact longevity and clinically important outcomes. Hajar's goals for the SPA 2021 are to learn about novel tools and methodologies used in CLSA and build bridges across several disciplines who share a core vision to improve the health of older adults. During her spare time, Hajar enjoys reading and being outdoors 